

THE BUZZ

Hope Valley



HORNETS

AUGUST/SEPTEMBER 2018

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OUR PATRON FRANCES BEDFORD MP**



FROM THE LADIES' PRESIDENT



Our AGM was held on 17 April with 29 Full Members, 3 Life Members and 3 Associate Members present.

Office Bearers and Committee Members were elected as follows:

President: Jill Chandler
Vice President: Linda Scarlett
Secretary: Raelene Heitmann
Treasurer: Shirley Kipling
Committee: Sheena Backhouse, Margaret Bibby, Maryann Crescitelli, Nola Manuel, Pat Deacon, Brenda Seymour

Welcome to our new Members Sheena and Maryann. Our thanks to Anthea Faull for her work on the previous Committee.

At this point I would like to extend a huge Thank You to our outgoing President, Andrea Williams, who has done an outstanding job in helping this Great Club get to where it is today. I know I have some big shoes to fill, however I will give it my best shot.

Thanks to our outgoing selectors for their hard work. Selectors for the coming season were also elected those with the following positions:

Chairperson - Nadene Morrow

Team 1: Andrea Williams and Jackie Gardiner

Team 2: Sheena Backhouse and Kay McDonald

Team3: Sue Kelly and Marg Bibby

Team 4: Pauline Norman and Pam Paull

At the moment we have 47 pennant starters for the 2018/19 season, a few more could mean we have enough for 4 teams which we had last year.

Our information morning will be held on Tuesday, 4 September at 10.00 am.

Trial matches have been arranged by Nadene for 13 Sept at Payneham, 20 Sept against Tranmere at home and 27 Sept at Modbury.

First pennant game is 11 October.

It won't be long before we are out on the greens competing against all our rivals, some old, some new, so good luck to everyone.

Enjoy your bowls.

Jill Chandler

FROM THE EDITOR

This is my first edition of The Buzz so I hope you enjoy what you read and would also like to contribute some information or articles in the future that you find interesting. I am happy to include anything that is personal, social or bowls related, including any funnies that you may come across and want to share.

I have had experience with company and club newsletters in the past and am happy to now give my time and experience to The Hope Valley Bowling Club. I am a Night Owl and did play on quite a few Saturdays through winter in the social competition. Unfortunately, I do still work 2 days a week so cannot commit to Pennant at this stage, but can definitely seeing myself doing this in the future.

I love the Club and I love the game – so I guess I will be around for a long time to come.

Cheers

Wendy Campbell

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How much fruit you should eat each day?

- The amount of fruit you eat is important. 2-3 serves per day is probably best for your long-term health but more than 4 may increase your risk of metabolic conditions such as diabetes.
- Try and limit your consumption of high glycaemic fruits like tropical fruits and treat them as “treats”.
- Don’t count fruit juice as a fruit, if anything it should be treated more like soft drink.
- Aim to get the bulk of your 2-3 serves of fruit a day from lower or moderate GI fruits. Fruits like grapes, apples and citrus all appear to reduce your risk of health conditions as you age.

By Dr Nathan Harten
Director/Exercise Physiologist
iNform Health & Fitness Solutions



STATE REPS FROM OUR CLUB COMPETING IN CALOUNDRA IN AUGUST



7 Hope Valley Club members have been selected to play in the SA State Team in the upcoming Indoor Bias Bowls Nationals Championships in Caloundra Qld from 21 – 25 August. This will be over by the time the Buzz is printed but we will have results and details in the next issue. Well done, and congratulations on your selection. We know you will do us proud.

Left to right: Peter Simons, Raelene Heitmann, Margaret Cumming, Linda Scarlett, Barbara Tripodi, Roslyn Blakeney and Len Blakeney

FROM YOUR SOCIAL COMMITTEE

KIWANIS/HOPE VALLEY QUIZ NIGHT

The Quiz Night was again very successful and well attended. Thank you to everyone who contributed. The winners did a great job and are well-deserving of the prizes and accolades. They are very clever.



Quiz night winners – second year in a row: Ros and Len Blakeney, Peter Kitching, Mark and John Blakeney, Andy Brown, Josh Sampson

Table Quizzes winners were also very clever and had a great time. They were: Nadene Morrow, Lisa Horne, Mark Chandler, Jill Chandler, Ron and Jodie Chandler, Ryan Hobart, Brian and Joyce McCall.



FROM YOUR SOCIAL COMMITTEE



CHRISTMAS IN JULY

We held our Christmas in July on Saturday 28 July 2018. This was a very successful and enjoyable night from the feedback we have received. Thank you to all who came along to make it such a success.



Including staff we catered for 77 diners.

The entertainment was provided by our favourite DJ - Ron with the addition of a rousing old fashioned sing-a-long.

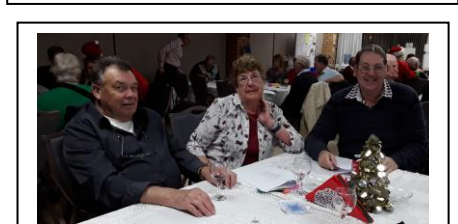
We also held a raffle with thanks to the Valley Inn Hotel, Valley Butchers and Illusions Hair Design, and others for their generous contributions.

I would like to take this opportunity to thank my Social Committee team, Norma, Helen Taylor, Sue, Sheena, Therese, Margaret Bibby and Brian Scarlett with additional help from Barbara Tripodi and Mick T for their help in organising and preparing our 3 course Christmas dinner with all the trimmings.

Thanks also to Neil, Dean and Ken Seymour behind the bar, and Nigel.

A profit of \$1,166 was given to Jim Terrington, Treasurer.

Linda Scarlett - Chairperson Social Committee - 5 August 2018



DIARY DATES

Upcoming Dates for HVBC – don't forget to put these dates in your diaries

16/09/18	Opening Day
06/10/18	Saturday Pennant Begins
10/10/18	Volunteers Night – See below
10/10/18	Wednesday Pennant Begins
11/10/18	Thursday Pennant Begins
14/10/18	Coopers Day
21/10/18	State Pairs
28/10/18	2 nd Round State Pairs
04/11/18	State 4's
06/11/18	Melbourne Cup
11/11/18	2 nd Round State 4's
12/11/18	Ladies President's Day
25/11/18	State Mixed Pairs
06/12/18	Last Thursday Pennant
08/12/18	Last Saturday Pennant
15/12/18	Club Christmas Dinner
09/12/18	2 nd Round State Mixed Pairs
12/12/18	Lat Wednesday Pennant
13/12/18 –	Champions Week -
16/12/18	(Pairs, Mixed Pairs, 4's)

Volunteers Night Wednesday 10 October

This is a fun night for all our volunteers and their partners to say a big thank you for all that you do. Without you all the Clubrooms and surrounds would not look so good and I'm sure our fees would be much higher!

The night includes Guest speakers, supper and a free raffle.

For catering purposes, a list will be placed on the whiteboard to indicate your attendance.

Linda Scarlett - Chairperson Social Committee

Greens Report by Mick Tsaousoglou

A green is in good condition. Fertilizer and maintenance programme have been applied and the green will be open at the end of August.

B green is in good condition. Fertilizer has been applied as per the maintenance programme. B green will be open for practice only by 15 August.

C green is also in good condition. Fertiliser has been applied as per the maintenance programme.

Dusting of **A green** is programmed for 19 November

Dusting of **C green** is programmed for 17 December



FRIDAY SOCIAL BOWLS

Our Friday morning bowls is being well attended and enjoyed every week despite the cooler weather. Our newer players are beginning to understand what wind can do too. It is pleasing to see new people join us and some pennant players who have joined our games.



Players don't have to pre-enter to play but just turn up on the morning at 10.30 ready to play. Starting time will change in October. Everyone is welcome.

Nadene Morrow

**BOARD AND COMMITTEE MEMBERS OF
HOPE VALLEY BOWLING CLUB
2018**

Board of Management:

- Chairperson - Ros Blakeney
- Secretary - Nola Manuel

Members of the Board of Management:

- Chairperson - Ros Blakeney
- Deputy Chairperson - Martin Smith
- Treasurer - Jim Terrington
- Assistant Treasurer - David Waterhouse
- Ladies' President - Jill Chandler
- Men's President - Ken Seymour
- Bar Manager - Vonnie Secker
- Members - Keith Knipe & Neil Kelly

- Executive Committee** - Ros, Jim and Nola

Ladies Committee:

- President - Jill Chandler
- Secretary - Raelene Heitmann

Men's Committee (includes Night Owlers):

- President - Ken Seymour
- Secretary - Paul Heath

Friday Social Bowls:

- Coordinator - Nadene Morrow

- IT & Website Administrator** - Chris Parry

Social Committee:

- Chairperson - Linda Scarlett
- Secretary - Marg Bibby

Maybe some of you would like to do this in preparation for the upcoming pennant season.



TOORAK FRIDAY 3 BOWL OPEN PAIRS

GET READY FOR THE PENNANT SEASON

PLAYED OVER A 4 WEEK PERIOD

SEPTEMBER: 7 : 14 : 21 : 28

\$20.00 PER TEAM PER WEEK.....DRESS CASUAL

\$500.00 PRIZE MONEY EACH WEEK PLUS LUCKY DRAWS

WEEKLY PRIZE MONEY

WINNERS - \$200.00 PER TEAM
RUNNERS UP - \$120.00 PER TEAM
THIRD - \$80.00 PER TEAM

WINNER OF THE LOSERS

WINNERS - \$80.00 PER TEAM
RUNNERS UP - \$20.00 PER TEAM

2 GAMES EACH - 14 ENDS: ROLL UP AT 12.30

SO NOMINATE YOUR TEAM AND ENTER BY 12.00 THURSDAY'S

AFTER GAME NIBBLES PROVIDED

**CONTACT: CLUB 8331 0062 - DARREN NIBLETT 0408 828 393
DENNIS REID 0414 044 188 - GRAHAM WRIGHT 0400 338 493**

DUTIES OF RINK MEMBERS

Each player has a specialist task to perform which is vital and equally important in its contribution to the team effort and result. Each player must also have an appreciation and understanding of the role of other players. This enables a deeper awareness among bowlers of the difficulties facing their team mate(s) and leads to a higher level of compatibility within the rink.

DUTIES OF A LEAD

The lead provides the foundation stone for building a head, which often dictates the pattern of play. A good lead has the ability to draw two bowls into the head at any length. The lead's duties include:

- Placing mat right side up
- Ensuring the centring of mat and jack
- Delivering jack to the length required by the skip
- Delivering two bowls as close as possible to the jack
- Retiring behind mat when finished.

DUTIES OF A SECOND

The second must have the ability to draw consistently. It is his/her duty to get a bowl in the head should the lead fail. The second continues the head building process, which the lead started.

In an ideal world, the second is a player who has had experience playing in ALL positions and who has developed the ability to play a full range of shots.

The duties of a second include:

- Playing the shot selected by the skip
- May be nominated for other duties as required by the skip.

DUTIES OF A THIRD

The third must be able to play all the shots in the game and have the ability to read a 'head'. A third is there to support the skip and offer advice, if asked.

The duties of a third include:

- Playing shots as directed by the skip
- Informing the skip regarding any change in the head
- Conveying information clearly and promptly to the skip when requested
- Measuring shots when deputed by the skip
- Lifting out the counting shots against when agreed with the opposing third
- Calling the skip if unsure about the outcome of a measure
- Agreeing the count with the opposing third
- Informing skip and second of the score.

DUTIES OF A SKIP

The skip is responsible for decision-making. He/she decides the shot to be played and the tactics to be used. Other team members should never question a skip's decision. The skip is in charge of the rink. The duties of a skip include:

- Marking the score cards at each end
- Directing play and deciding tactics

cont./...

- Deciding upon contentious issues
- Delegating duties to rink members
- Giving clear, concise instructions and directions
- Having a thorough knowledge of the laws and rules of the game
- The ability to play all the shots
- Motivating and encouraging players
- Having a knowledge of the strengths and weaknesses of rink members
- Assessing the strengths and weaknesses of the opposition.

BLEND OF A RINK

1. Compatibility between each member of the rink is important.
2. All rink members must have confidence in each other.
3. Self-discipline among rink members is important.
4. Rink members must encourage and support each other through good times and bad.
5. Rink members must be able to communicate effectively with each other.

DUTIES OF A MARKER

The duties of a marker include:

- Controlling the game in accordance with its national laws
- At Association, Inter-Association or International level, checking bowls and stamps - composition bowls stamped more recently than 1985 are valid as long as the individual is not playing in an international or world bowls team
- Introducing him/herself and checking bowler's names
- Witnessing the toss
- Having chalk, pen and measure
- Observing strict neutrality
- Ensuring mat is positioned correctly
- Centring jack and, when necessary, placing at full head position
- Ensuring jack is not less than the minimum length
- Standing still and to one side and to the rear of the jack
- Answering questions asked by person in possession of the rink
- Declaring bowls as touchers
- Marking all touchers
- With agreement, removing all dead bowls
- Marking position of bowl and jack in ditch
- If requested, measuring for shot and if undecided, the marker/players may call the umpire
- Removing bowls only when shots are declared
- Telling players the score at each end
- Entering the agreed score at each end
- Getting card signed.

Article re-printed from the Irish Bowling Association