

RULES REGISTER



Hi, pedantic Pete here.

I was on Bowls SA website recently and was reminded that texta type pens are not allowed for marking touchers! It has to be chalk, real or puffer. (Rule 15.1)

Just having the word "chalk" on the side of a marking pen does not make it chalk, it's just a word on a pen! The marks of pens can take some time to remove. Last Saturday I was umpire. Our rink finished 50 minutes before the last one! Both on B green; but a measurer and the umpire must stay out until the last game is complete. I was asked to measure three times after finishing, including the last end of the last game. So umpires and measurers; no going in for a drink till it's all over.

Another One

A bit more about Touchers.....Sometimes the Skip at the head delays marking a toucher as the next player is on the mat waiting to bowls; good manners one thinks. That Skip waits until the next bowl comes to rest and quickly marks (with Chalk) the Toucher

Good Practice? Well no because Rule 15.3 states that if the bowl has not been marked , or nominated as a toucher, before that next bowl stops, "it is no longer a toucher". (Sure to call an argument on that one!

DON'T FORGET

9.1 Finals

A finals series will be held for the following Divisions:

Wednesday Premier League and Divisions 1-3

Thursday Premier League and Divisions 1-2

Saturday Premier League and Divisions 1-4

All Divisions

The sides finishing 1st, 2nd, 3rd and 4th at the end of the minor rounds, will contest the Finals.

Wednesday Semi & Elimination Finals Wednesday 8th March 2017

Wednesday Preliminary Final Wednesday 15th March 2017

Wednesday Grand Final Wednesday 22nd March 2017

Thursday Elimination and Semi Finals Thursday 16th March 2017

Thursday Preliminary Final Thursday 23rd March 2017

Thursday Grand Final Thursday 30th March 2017

Saturday Elimination and Semi Finals Saturday 18th March 2017

Saturday Preliminary Final Sunday 19th March 2017

Saturday Grand Final Saturday 25th March 2017

THE BUZZ



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FRANCES BEDFORD MP



FROM THE CHAIRPERSON'S DESK



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Happy New Year to all Club Members and friends. The year commenced with a great night at the club rocking and rolling the night away with DJ Ron. The Mayor and his wife certainly had a good time along with some Club members and a large group of enthusiastic Rock and Rollers. Thank you to the Social Committee for organising this night.

At long last the new reverse cycle cassette air conditioning units are installed. Work started on Monday 16th January and was completed on Tuesday afternoon the 17th ready for Night Owls. Thank you to Chadd Stevenson, Gas Works, Modbury and his team of contractors for the work done in trying conditions of excessive heat (42 deg C and even hotter in the roof space).. The storm on the following Thursday night, which blacked out Night Owls, was a fair test that the integrity of the roof had been maintained. No leaks were detected on the Friday morning.

A notice has been put up near the operating controls, please follow these directions to ensure that the units run as they are intended. All doors should be closed when the units are on, so that they work efficiently. The gas heaters were removed on Wednesday 25th completing the whole project. Thank you to all Board and Club members for your support and patience in this project.

We can now turn our attention to other matters and our next initiative. Good bowling for the second half of the season.

Roslyn Blakeney



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The news is that Ros has had her Knee replacement and is doing very well. Planning to come home on Wednesday Feb 1st. Well done!

Some things you don't want to hear when you are having a knee replacement.

1. Don't worry I think it is sharp enough.
2. Nurse, did the patient sign the organ donation card?
3. Everyone stand back. I've lost my contact lens.
4. Damn! Page 84 of the manual is missing.
5. Better save that ; we might need it for an autopsy.
6. Whoa, wait a minute, if this is his spleen, then what's that? I'm sure it wasn't like that for you Ros.

FROM THE LADIES



Hello to you all,

Pennants are in full swing again and even though the Div. 1 team lost overall against Modbury, they are sitting on top by just 1 point over Payneham who had a whitewash against them in their last match.

Div. 2 are fifth with every opportunity to catch up and play in the finals. Div. 3 Red are third and looking good.

Div. 3. White are still plugging away and many of these women are making great improvement in their bowling ability. It is so good to see their positive approach.

Our Pennant breakup is scheduled for Tuesday 21st March at The Grove at 1pm.

The Women's AGM is to be held on Tuesday 4th April at 10am in our Clubrooms.

Please consider putting your name forward for a position on the Committee and/or for the position of Selector.

It is always a good thing to have new people and new ideas.

Raelene will be organising all the paperwork in her usual efficient manner so you will receive written notification within the next few weeks. I understand this will be hand-delivered as much as possible to save on the expense of postage.

Linda and her team or busy organising the Champagne breakfast and have a healthy number of teams competing.

I will be in the kitchen with a trusty team of cooks rustling up a feast so come along and enjoy a great day.

Cheers

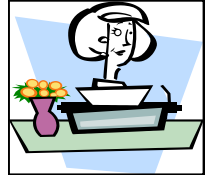
Andrea

WOMEN'S CLUB CHAMPIONSHIP UPDATE

Almost all events are at the semi final stage and should be complete by Finals' Day on Sunday, Feb 26th. However, the Women's Singles Final will have to be played prior to this date due to at least one of the participants playing the State Mixed Pairs on the same day. This is also possible in the case of the Pairs. I would urge players in these two events to play the semi-final ties asap. It is possible that either one or both of these events will be played on Thursday, Feb 23rd, as there are no pennants on that day.

Anthea Faull, Tournament Convener

FROM YOUR ADMIN. SECRETARY



The Club AGM will be held on **TUESDAY 9TH MAY, 2017**, at 7 pm.

Notices will be going out soon either by email or boxed at the club to be picked up.

PLEASE MAKE SURE YOU CHECK YOUR EMAILS DAILY, TO KEEP UP WITH WHAT IS HAPPENING.

Notices of Motion are to be with Admin Secretary no later than 25th April, 2017, or earlier if possible. **PLEASE DO YOUR NOTICE OF MOTION BY EMAIL TO ME, TO ENABLE NOTICES BEING FORWARDED TO MEMBERS.** Not on email? – don't worry just do as usual.

Last year's delivery of AGM notices to members either by pick up or email was very successful – saving us a heap of money on postage (at \$1 each!) and I thank all those members who diligently picked theirs up from the Club. Any stragglers closer to the time, will, of course, be mailed.

Time to consider joining one of our Committees and we would be pleased to receive any nominations for Office Bearers or Committee Members for the Board of Management. You have only to look around the Club Rooms and outside area to see what has been done this past 12 months to make things better for the members, so being part of a committee can be very rewarding and interesting.

Good luck to all for rest of season.

Margaret.

FROM THE EDITOR



Thought I might wake up really early and go running.

Also thought I might win the Lottery.

The odds are about the same.



THE MEN'S SCENE

23/1/17



We wish our President, Ken Seymour, good luck with his medical procedure and look forward to his swift recovery.

A reminder from the secretary that the minutes of our meetings (+ BOM and Women) are available for your perusal in folders at the back of the clubrooms, just under the noticeboard and only take a few minutes to read. What follows is taken from those minutes.

AGM is likely to be on 11/4 and agendas will be emailed or available at the clubrooms later.

Skins Night is on 8/2/17 so get your teams in.

Club Championship Finals are to be held on 26/2.

New caps (purple) can be purchased from behind the bar for \$18.

Night Owls are progressing well.

We need more volunteers to help Bob Fuss with the surrounds and, although most of the work is done on Mondays, another day is suitable.

Hornet's Day is to be held on 2/4/17 and is Open Gender at a cost of \$80 per team of four. It is expected that there will be 12 ends of fours, 8 ends of pairs (the other pair has lunch), repeated the other way round, and 10 ends of fours. The different format should provide plenty of entries so don't wait.

The MBA (Metropolitan Bowls Association) has been formed from mainly players and will run Pennants next season. This will free Bowls SA to look after higher things.

With the process of ageing some of our players are becoming less flexible and are "Dumping" their bowls and have been reported by other clubs. Where this happens they will be contacted by the Chairman of Selectors and directed to one of our coaches who may have no choice but to recommend a "Bowling Arm". To assist with this the Committee are purchasing 2 Bowling Arms for use by the club. However players are directed to visit Tranmere on a Monday where all types are available to try before purchasing the one best suited to them. They are available in 3 sizes, small, medium and large and we have opted to buy a small and a medium.

Paul Heath (Secretary)

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GREENS REPORT



As you can all see “ B” green is super and running very fast , so much so that I think Payneham players on Saturday thought they were playing at home.

Apart from a couple of Patches, “C “ green is running very well.

And “A” green is coming along nicely , nearly there.

One request.....Please remember that if there are shades out they must be put away. Too much time and energy has been spent in repairing shades that have been left out and caught in the wind.

The new hedge trimmer has not yet arrived but hopefully will come this week.

Still looking for people to help in maintaining the surrounds and the gardens.



FIRST AID



Being summer we will look at heat related problems.

The biggest problem in summer is we don't drink enough WATER whilst out in the sun.

In non active cool conditions we should consume around 2 litres of water a day. When we are playing bowls in the heat of summer we need to increase the amount of fluid we consume considerably.

If a person shows signs of dehydration such as an Increased Thirst, Dry Mouth, Feeling Lethargic, Feeling Dizzy or Light Headed, Decreased Urine output (Urine is yellowish, smells strongly of Urea) then this person SHOULD cease bowling, go into a cool area put themselves in a comfortable position, sip cool not chilled water, loosen tight clothing, and apply a cool wet towel around the back of the neck. If this person deteriorates any further then call 000 as this could become a medical emergency rapidly.

If you have any questions feel free to ask Carey Evans or Mariah Farid

COACHING CORNER

Not too sure where they got these tips from

Lawn bowling is a civilized game, but it is anything but boring. Skill, patience, tactics and cunning win over luck and crossed fingers.

1. The lead will always have coffee and donuts ready. Your team needs the energy to compete from start to finish and as lead, it's your duty to have these ready. It wouldn't hurt to have juice, granola or fruit ready for those who aren't fond of donuts.
2. The skip must always support their team with enthusiasm. Even if the team will lose the game/tournament/championship, always be supportive. Gloomy skips ruin the game for everyone.
3. Use gamesmanship with the utmost discretion. While gamesmanship isn't strictly illegal, it can be overdone. Careful use can win a game, while overuse makes you look like a jackass to your opponents, the judges, your team and the audience.
4. Skips should stand still around the head and not move. This is very distracting to the other players, including your own team. Move after the opponent has bowled.
5. Skips should build each head slowly and carefully. This sound strategy should help your team win. If you do lose the head, let it be by a low score so your team can recover.
6. A lead will sign the team in by placing his/her name chip in the designated area. If you don't sign your team in, you'll be standing around wondering why you're not playing. Your team won't be happy with you and neither will the judges.
7. The losing team's lead will rake the bowls behind the mat. The mat is placed by the winning team's lead. The losing team's lead will make sure the bowls are in their proper place—behind and to the right, facing the skips.
8. At the conclusion of an end, the skip removes the mat. The new mat is placed by another skip who uses it try to force the opposing bowler to use their off hand. While not gamesmanship, it is good strategy—until an ambidextrous bowler shows up.
9. The skips set the tone for good sportsmanship on his/her team. True gentlemen don't lose their temper, scream or curse during the game. At least not where the press or cell phones can catch them.
10. The leads will participate in a coin flip for position. The winning lead will then report to their skip and ask if their team goes first or second. Once informed,



PRESTIGE MEDLEY

The Prestige Medley, which is a competition played between all the regions , is scheduled to take place on Sat 11th and Sunday 12th March at Marion.

5 women from Hope Valley have put their names down to participate in this event but teams have not yet been selected. It is highly competitive.

Vonnie Secker and Denise Caulfield from Prospect Broadview have been named as selectors and Margaret Clarke, also from Prospect Broadview, assisted by Vonnie will be the Managers.

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METROPOLITAN BOWLS ASSOCIATION

In the last Buzz , Jack Caulfield included an explanation of the new MBA, as it is being called, and its role in the future Pennant Bowls.

On Sunday 15th I attended a meeting where presidents of most Metro Clubs were represented and I was impressed with the professionalism that was shown there by the Board members and Ron Mitchell who chaired the meeting

No decisions were made but all of the presidents were assigned to a group with a leader from the MBA Committee. Discussions centred around the positives and negatives of the current Pennant structure and procedure.

This was then followed by discussion re Future Directions.

All participants were able to voice their concerns and ideas and these were all recorded and have been relayed back to us all . They are far too wide-ranging to include in the Buzz but I will put two Copies with the Minute Folders at the back of the Clubrooms so that interested people may peruse them.'

The over-riding message that I took away with me was that this group intend to be much more accessible than Bowls SA has been and that they will be more inclined to listen and act upon what the grass root bowler is saying and needing.

On Friday 17th Feb , the MBA have asked for a representative from each Club to attend a meeting at Lockleys Bowling Club with the topic being

THE FUTURE OF THURSDAY WOMEN'S BOWLS

I will attend this meeting and do encourage anyone who has discussion points they would like me to raise to speak to me or preferably to email their ideas to me. Hope Valley is one of very few clubs who have a strong Women's contingent. Many struggle to put teams on the green.

Andrea

FROM YOUR SOCIAL COMMITTEE



As the Social Committee don't meet again till Feb 13th there is not very much new information to print. The SC certainly appreciates the efforts of the Board of Management to finalise the installation of the brand new refrigerated air-conditioning system. Well done Ros B and the BOM. The system is an absolute beauty and takes the worry out of staging functions on very hot nights.

Friday teas are truly booming and if you don't book early you run the risk of going hungry. So far since April over \$21000 has been forwarded to BOM.

Top Marks to Brian and Linda Scarlett and helpers for staging the "Get Bowled Over" the other Sunday. Only a few children turned up but this did not deter Brian's enthusiasm for the ninety minutes of fun bowling activities. Oh to be a kid again! (don't say what some of you might be thinking)

The New Years Eve Whiz was a fabulous success. A full house, a great barman, superb music and exquisite dancing saw 2017 welcomed in with a bang. The Mayor and his wife led a pretty long Congo around the tables. Thanks to the SC members who organised the evening, particularly Marg Bibby and the raunchy dancer from the Xmas Dinner skit, Norma.

Finally, as the AGM approaches, vacancies have appeared on this committee. We would ask Club members to give consideration to taking up a position on this committee.

Peter Faull Chairperson

Welcome to our new members

Joyce Weiner.....Associate Member

Anthony Dickinson.....Associate Member

John Hart.....Full Member

Good bowling and good fellowship at Hope Valley.



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NIGHT OWLS



Everyone is back after the Xmas /New Year break and competition is hotting up to determine which teams will progress to the regional finals in March. Having said that most probably couldn't be bothered as competition is only part of the fun. Weather has been reasonable and the greens are magnificent. Hopefully this will encourage more to be interested in pen-nants. We have about 50 teams this season with the potential to gain more next year. If you know of anyone interested in playing Night Owls next year or even for this season, please refer them to me.

Ken Seymour

FRIDAY SOCIAL BOWLS



Unfortunately our first day back after the Christmas Break was cancelled due to the wet weather but 36 played the following Friday including three "first timers" who we are looking forward to seeing them as regulars.

We were sad to tell of the death of George Stubbs and Ray Bell in December. Ray had made the golliwogs for several years, which were won by many. We are hoping to see some social bowlers play at the club's Champagne breakfast on Sunday Feb 5th Nadene

From Chris Duff-Tyler

Someone asked an old man: "Even after 70 years, you still call your wife – Darling, Honey, Luv. What's the secret?"
Old man: "I forgot her name and I'm scared to ask her."

A prospective husband in a bookstore "Do you have a book called, 'Husband – the Master of the House'?"
Sales Girl: "Sir, Fiction and Comics are on the 1st floor."

A bookseller conducting a market survey asked a woman – "Which book has helped you most in your life?"
The woman replied – "My husband's cheque book!!"

Solar Panel Performance for January

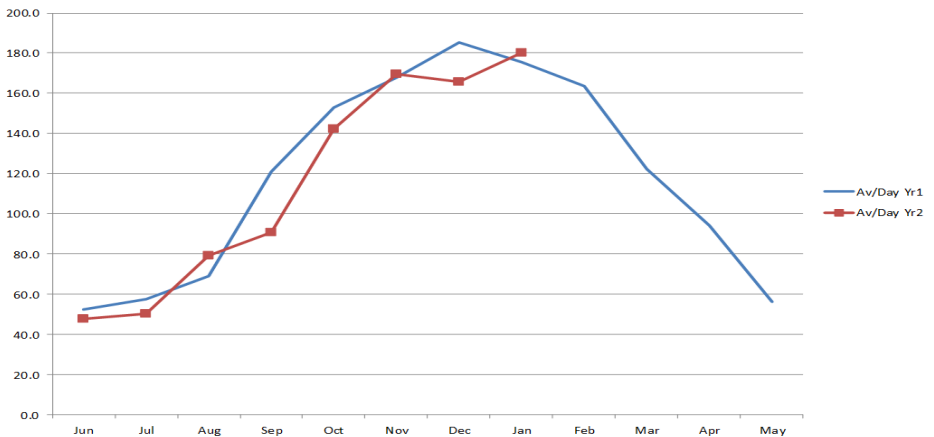
The Chart shows that there was a significant increase in power output in January up to avge. 180 kWh hours per day due to the sunny blue sky weather. For those Members interested in the Power consumption of our new RV Cycle Air Conditioning units. With all 4 units running it will use 56kW per hour (4x14kW each) During the Summer months our Solar panels will provide power for the Air Conditioning at cost of about \$3.80 per hour with all units running. This surplus power would normally be going into the grid @ 6.8 cents per kWh hour. Any more questions ??

David Waterhouse

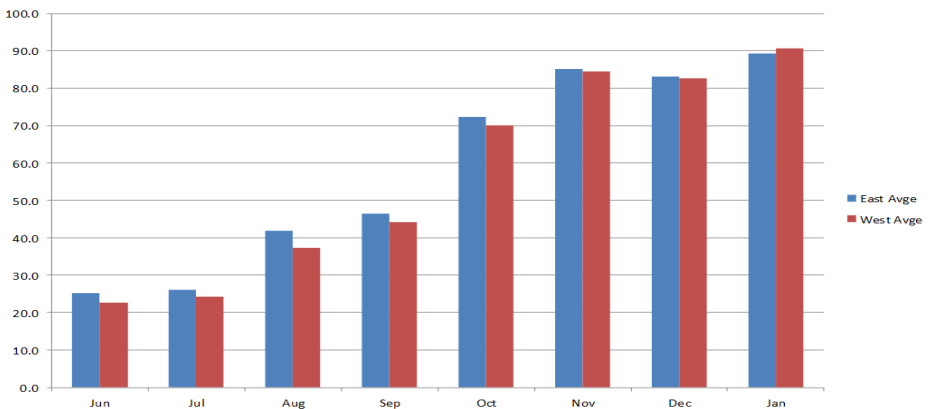
PRINTED AS AT :-

Saturday, 28 January 2017

HVBC Average Daily kWh Output. Year 2 versus Year 1



Comparative DAILY kWh performance - E v W - Year 2



QUICK BOWING TIPS

1. PLAYING TOO HEAVY

Slow down - just move slower and reduce the speed of your delivery. Speed comes from the velocity you're creating this so reduce it and the Bowl won't travel so far.

2. PLAYING SHORT

Move quicker - simply increase the speed of your delivery. Swing your arm back slightly more for the additional weight.

Practise this to find the right level for you before you try it in a match.

3. PLAYING TOO NARROW

Ensure your whole body is committed down the line you're trying to play.

Have you picked the shoulder (the point at which the Wood visibly starts to turn)?
Are your eyes, feet, and whole body pointing at the shoulder?

Simply turn your whole body more, not a half turn with your feet pointing elsewhere.

Stop looking at that Jack (Jackitis). look and aim at the 'Shoulder' (the point where the bias of the bowl takes over).

4. PLAYING TOO WIDE

Ensure you are addressing the line down to the 'Shoulder'. Ensure you "step down this line"

Watch what shoulder other player's successful bowls are turning on. You may be over compensating for your bowls. Try their line.

It could be as simple as turning your body less.

You may be stepping out too far to the side.

S. DELIVERING THE JACK INTO THE DITCH

Too many people just "Cast the Jack" up the green in order to get on with the match. This is a disaster waiting to happen. The control of the match rests with the person who controls the Jack. This is undoubtedly the most important delivery in every single end and should be treated with more care and effort than any bowl.

Great care should be taken with the grip and delivery of the Jack. Indoor 'carpet' greens are very fast, and it is easy to put too much weight on the delivery.

CONTINUED

February 2017

Sun

Mon

Tue

Wed


Thu

Fri

Sat

1 Pennants 2 Pennants 3 Social Bowls 4 Pennants

5 Champagne Breakfast 6 7 Practice 8 Skins Night NO Pennants 9 Pennants 10 Social Bowls 11 Pennants



12 13 Past Presidents Day 14 Practice 15 Pennants 16 Pennants 17 Social Bowls 18 Pennants

19 20 21 Practice 22 Pennants 23 NO PENNANT 24 Social Bowls 25 Pennants

26 Club Finals Day 27 28 Practice

March 2017

Sun Mon Tue Wed Thu Fri Sat

1 Last Wed. Pennants-Minor
2 Pennants
3 Social Bowls
4 Last Saturday Pennants Minor

5
6 Open Charity Day Cora Barclay
7 Practice
8 Wed. Semi-Final
9 Last Thursday Pennant Minor Round
10 Social Bowls
11 Prestige Medley

12 Prestige Medley
13
14 Practice
15 Wed. Prelim Final
16 Pennant Semi Final
17 Social Bowls
18 Pennant Semi Final

19 Sat Pennant Prelim Final
20
21 Practice Ladies Break-up luncheon
22 Wed. Grand Final
23 Pennant Prelim Final
24 Social Bowls
25 Pennant Grand Final

26
27
28
29
30 Pennant Grand Final
31 Social Bowls

One solution that can be used on the very fast indoor greens is to bowl the Jack across the Green to one of the corners of the rink; the principal being that the greater distance will take some of the weight out. Scientifically sound but not a great base to build your long term game on. Don't treat the symptom but tackle the reason for the disease by learning how to control the Jack.

6. GENERALLY LOSING THE LINE

There is a position that is most comfortable and profitable for all bowlers. Ideally, the eyes must be concentrated along the line of delivery, almost stare along the line for as long as it takes. Having decided the line along the green the bowl has to travel, and see this clearly in the mind's eye, deliver the bowl.

Your leading foot (left - for right-handed bowlers) should generally be extended no more than a walking pace, providing perfect balance, pointing along delivery line. Balance is improved by resting your non-bowling arm on the knee or thigh of the leading leg. However, looking at your feet at the moment of release can cause a player to lose the line.

The position of your head is critical at this point the bowl is delivered. Some bowlers look downward at the moment of release this can cause you to lose line; sometimes releasing the bowl slightly behind the leading foot and before the swing is fully complete. There are others that hold the head too high. This puts a strain on the neck and shoulders and can transmit to the arm. The bowl is bumped because the bowling arm has already started to move up. Your head should always feel relaxed, comfortable, and remain as still as possible.

The distance from the mat at this point of eye contact will vary from bowler to bowler. The head must remain still but not rigid, and it is up to every bowler to find a comfortable spot along that line without any strain in the neck and to make an elegant delivery. Some will opt to gaze at the shoulder of the green. That is to say; the point where the bias begins to curve the bowl toward its objective. Some will select a point a couple of yards from the mat and on every delivery to run over the same spot, that's fine so long as you can adjust for various mat positions.

Movement of the whole body at the point of delivery can result in a bowl being bumped out of your hand. This happens when your arm is jerked up too high or is quickened at the moment of release. When you deliver, stay down for a few seconds and watch your bowl run along the line you have taken - is it the line you intended to take?

Recap....Use a good follow through

Non bowling arm resting on knee of lead foot.

Do not look at feet on point of delivery.

When bowl is bumped, this causes loss of weight, and lost line.

There is a point where the head can be too high for a smooth delivery.