

# THE BUZZ



**JUNE/JULY 2017**

<b><u>CLUB ADDRESS</u></b>	1225 Grand Junction Rd. Hope Valley 5090
<b><u>TELEPHONE.</u></b>	8396 2277
<b><u>WEBSITE.</u></b>	<a href="http://www.hvhornets.com.au">www.hvhornets.com.au</a>
<b><u>EMAIL</u></b>	<a href="mailto:office@hvhornets.com.au">office@hvhornets.com.au</a>
<b>EDITOR</b>	Andrea Williams
<b>EMAIL</b>	<a href="mailto:andjohn1@bigpond.com">andjohn1@bigpond.com</a>

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**FRANCES BEDFORD MP**



## FROM THE CHAIRPERSON'S DESK



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Following on from the AGM, which was an excellent meeting and very well attended, I am pleased to welcome Nola Manuel our new Administrative Secretary and Keith Knipe a new Committee member to the Board. Congratulations to Brian Scarlett the new Deputy Chairperson, thank you to Martin Smith for accepting the role of House Manager and thank you to Bob Fuss for continuing as Greens' Manager. It is a positive start to the year, having all positions filled, enabling the Board to get on with the projects in hand.

Club members have continued to be nominated for awards. The latest being Brian Scarlett Finalist for Bowls SA Coach of the Year and David Waterhouse Finalist for Bowls SA Volunteer of the Year. My husband Len and I, David and Brian and Linda attended the Bowls SA Awards Night Dinner and Presentation on Friday 12<sup>th</sup> May at the Donato Reception Centre, Kilkenny. An excellent meal and a very swish place made for a great night topped off with Brian being awarded Coach of the year. The framed certificates and Award are displayed at the back of the Club rooms.

Congratulations also to Steve Quinn who was selected in the SA Multi Disability Side to play in Raymond Tce, NSW recently. We hope all went well and look forward to hearing about the trip.

C green is currently undergoing a facelift thanks to a few committed men who have worked hard to refurbish the ditches and their edges in preparation for the new concrete paving. Thank you guys for all your hard work.

Jim and I met with the TTG Council CEO and Planning Officer recently re the traffic issue. It is proving to be a more complicated ( and possibly costly) process and is not resolved as yet.

Roslyn Blakeney.

=====



**It's better to walk alone than with a crowd going in the wrong direction.**

## FROM THE LADIES



We held our AGM on 4th April with 33 full members and 1 associate member present.

Our Office Bearers and Committee members were elected and are:

President	Andrea Williams
Vice– President	Linda Scarlett
Secretary	Raelene Heitmann
Treasurer	Shirley Kipling

Committee : Marg. Bibby, Jill Chandler, Pat. Deacon, Anthea Faull, Nola Manuel and Brenda Seymour. Welcome to Brenda and Nola who are new members and thank you to Angela Loeser and Janet Bradley who have been valuable members in the past.

Our Selectors for the coming season were also elected .

<u>Chairperson of Selectors</u>	Nadene Morrow
Team 1	Ros Blakeney and Anthea Faull
Team 2	Linda Scarlett and Sheena Backhouse
Team 3	Nola Manuel and Brenda Seymour
Team 4	Joan Hall and Pauline Norman

A very big thank you to our outgoing Selectors...a difficult job well done.

Even though the Selectors are named for specific teams, our By-Laws state that they act as a panel and discuss decisions made as a group. This has been a strength of selection procedures.

We have 48 starters for the 2017/2018 season at this stage and are hoping for a few more so that we can confidently enter 4 teams again this year.

We will be holding our Information Morning on Tuesday 5th September and Organised Practice will commence on the following Thursday.

Our Committee has requested that the Coaching Programme as instituted last season continues with the Club Coaches organising the Practice sessions. It was agreed that this was a successful initiative and popular with the members overall Nadene has been busy organising Trial Matches against Tranmere and Payneham for 21st and 28th September.

The season will be upon us before we can blink!

Safe travelling to all the holiday makers.

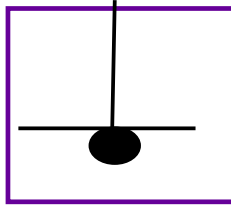
Andrea Williams

# RULES REGISTER



We have been travelling around the countryside playing a lot of bowls over the past few weeks and something that I noticed happening quite often was the incorrect placement of the Jack when it had passed the 2 metre mark.

Some skippers placed it with the back on the line, others placed it in the middle. The rule 9.2 states “If the Jack in its original course comes to rest less than 2 metres from the front ditch, it must be placed on the centre line of the rink with the nearest point of the jack to the mat line being 2 metres from the front ditch”



ditch

## CORRECT PLACEMENT

The other thing that surprised me was the number of seconds who did not assist in kicking back the bowls. There is no rule in the book that I can find that precludes them from assisting their team-mates, and the opposition, in this tedious task.

I realise that they have the responsibility of scoring the card and perhaps changing the board if in use, but this can all be done after the bowls are moved and the mat placed.

**Many feet make light work!**

Last season we had a query where there was some disagreement regarding the defined finishing time for the pennant game. These are the rules

## 3.17 Finishing Time

### Wednesday:

Games commencing at 12.30pm will cease with the completion of the end in play at 5.15pm.

### Saturday:

Games commencing at 1.15pm will cease with the completion of the end in play at 6.00pm.

### Thursday:

Games will cease with the completion of the end in play at 2.30pm.

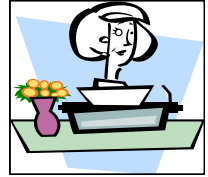
### Night Matches:

Games will cease with the completion of the end in play at 10.30pm.

### Early Start Heat Policy Matches:

Games will cease with the completion of the end in play at 1.30pm.

## FROM YOUR ADMIN. SECRETARY



I am pleased to report to the Buzz on behalf of Nola Manuel, our new Administrative Secretary, who is away at present – but has already started the position – with a very concise and informative report via Minutes of the Club AGM for 2017.

Nola is looking forward to taking on this position, and I know all members will show her the consideration and assistance I have been lucky enough to enjoy for several years. Please make sure Nola is informed of any changes of telephone numbers, addresses, and please let us have your email address. Nola's email address is [nola.hvbc@gmail.com](mailto:nola.hvbc@gmail.com). This is such a great and fast way of communication, and makes all secretaries' jobs that bit easier!

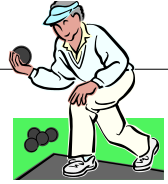
We were reasonably pleased with numbers at the AGM 2017, considering there were so many people away – but it was a good meeting and I am pleased to advise your Board of Management for 2017/2018.

Chairperson	Roslyn Blakeney
Deputy Chairperson	Brian Scarlett
Secretary	Nola Manuel
Treasurer	Jim Terrington
Assistant Treasurer	David Waterhouse
Committee – Andrea Williams, Ken Seymour, Martin Smith, Vonnie Secker, Keith Knipe.	

We are very pleased to welcome Keith Knipe to the Board, who enjoyed (we hope) his first BOM meeting on 22<sup>nd</sup> May, 2017. Thank you to Martin Smith for stepping into House Manager's Roll, and Brian Scarlett as Deputy Chairperson. Of course, it goes without saying, a big welcome to Nola - and I will be pleased to assist in anyway needed in the takeover of this important position. We are also very lucky to have Bob Fuss as our Greens Manager for 2017/2018 – Bob and his helpers, along with Greenkeeper Mick, work very hard to keep our greens (and surrounds) up with the best in Adelaide.

Margaret – on behalf of Nola.

## **THE MEN'S SCENE**



The 2017/18 Men's Committee is:

**President: Ken Seymour**

**Vice President: Ross Shard**

**Secretary: Paul Heath**

**Treasurer: Len Blakeney**

**Committee: Eddie Barlow, Dave Binns, Ron Chandler, Bob Fuss, Peter Kollosche, Brian Scarlett**

**Next Meeting will be held on Tuesday 13th June at 7pm.**

**Due to the scheduling of Champion of Champion Singles and Pairs in March by Bowls SA club championships will have to be completed by the end of February for those events.**

**Social Bowls under the stewardship of Eddie Barlow is ticking along nicely. Numbers are good and all players are enjoying the relaxed but competitive competition.**

**Ken Seymour**



“In my next life I want to live my life backwards. You start out dead and get that out of the way. Then you wake up in an old people's home feeling better every day. You get kicked out for being too healthy, go collect your pension, and then when you start work, you get a gold watch and a party on your first day. You work for 40 years until you're young enough to enjoy your retirement. You party, drink alcohol, and are generally promiscuous, then you are ready for high school. You then go to primary school, you become a kid, you play. You have no responsibilities, you become a baby until you are born. And then you spend your last 9 months floating in luxurious spa-like conditions with central heating and room service on tap, larger quarters every day and then Voila! You finish off as an orgasm!”

— **Woody Allen**

# GREENS REPORT

A lot of work has been going on around the greens over the past few weeks.

'A' Green has been aerated and looking good.



The wonderful volunteers have got all the surrounds of "C" Green ready and the Contractor is currently cementing. More work to be done after that to put the finishing touches to make it look as good as the other two greens.

When all completed, approx. 2 weeks, it will be in use and "B" green will be closed for a well-earned rest.

Mick is currently taking 2 days a week holiday as he has plenty due to him.

Bob Fuss Greens Manager

## FIRST AID



We are now entering winter so its a good time to look at the effects of cold and bowls.

0 How do we loose heat from our bodies ?

1 Radiation - heat radiates from the body, especially from the head.

2 Evaporation - the body produces sweat even if you don't realise it and if you are not clothed adequately and there is a cold breeze you will suffer from the wind chill taking your body heat away rapidly. Body heat is use to evaporate sweat.

3 Breathing - we breath in cold air, it is warmed and humidified by the body, exhaled into cold air, condenses into a misty breath.

4 Conduction - when we sit on a cold bench or touch cold surfaces, body heat is directly drawn away.

5 Convection - A thin layer of air on the surface of the skin rises and is replaced by cooler air, causing heat loss.

0 Decreasing heat loss,

1 Our surface blood vessels constrict, thereby reducing the amount of heat radiating away.

2 The use of appropriate clothing and shelter insulates the body from cold and wind.

3 The use of artificial heating warms the surrounds, decreasing the difference between ambient and body temperature.

Next month we will look at Increasing Heat production and Those most at risk.

Any questions feel free to ask Mariah or Carey ( Alias Mariah Carey )

## **WOMBATS TASTE SUCCESS AT MULTI-DISABILITY LAWN BOWLS CHAMPIONSHIPS**

The South Australian Wombats competed at the Disability Sports Australia 2017 Multi-Disability Lawn Bowls Championships held at the Raymond Terrace Bowling Club in New South Wales from May 21 - 26.

Six players represented the state over six days of intense competition, with our team not only winning a swag of medals but claimed the title of Interstate Aggregate Champions.

Liam Buckley took out the B5/6 Singles Gold medal as well as gold in the Pairs alongside Chris Flavel. Chris tasted further success clinching the B7/8 Singles silver, while Steve Quinn, Simon Baker & Liam Buckley took out second in the Triples.

The other members of the team were Darryl Willson & Mike Emberton who finished fourth in the pairs, missing a bronze medal by one shot.

These bowlers all bowl at local clubs in South Australia and have won many state & national titles along with representing their country.

This year the team was lucky enough to find a sponsor to help support the team reach the competition. Disability Recreation and Sports SA and the SA Wombats would like to thank Nocelle Foods for their kind support.

The team's most successful athlete, Chris Flavel, after a short recovery, will be off to the Gold Coast to play a couple of international events as part of the squad for the upcoming Commonwealth Games

### **RESULTS**

#### **Triples**

**Bronze: Hoskins/Bonnell/Bonnell (QLD)**

**Silver: Quinn/Baker/Buckley (SA)**

**Gold: Barry/Hanson/Protopapas (VIC)**

#### **Women's Pairs**

**Bronze: Morrison/Meakin (VIC)**

**Silver: Hunter/Benbow (NSW)**

**Gold: Hoskins/Bonnell (QLD)**

#### **Men's Pairs**

**Bronze: Barry/Protopapas (VIC)**

**Silver: Bonnell/Sellars (QLD)**

**Gold: Flavel/Buckley (SA)**

#### **Men's B5/6 Singles**

**Bronze: Matthew Barrie (ACT)**

**Silver: Tony Bonnell (QLD)**

**Gold: Liam Buckley (SA)**



## OUR CLUB SERVING THE COMMUNITY



**THANK YOU "VONNIE" AND YOUR "FAB TEAM" OF HELPERS  
WHO GAVE US THE "BEST EVER" FOOD AND PRESENTATION  
+FAB TASTE !!!**

**30TH ANNIVERSARY CELEBRATION OF THE ST. AGNES PROBUS  
CLUB ON 24TH APRIL 2017.**

**LOOKING FORWARD TO A CONTINUOUS POSITIVE FUTURE WITH  
THE HOPE VALLEY BOWLING CLUB**

**ALL THE BEST—CHRIS DUFF-TYTLER**

**( PRESIDENT OF ST. AGNES PROBUS CLUB)**



## FROM YOUR SOCIAL COMMITTEE



1. Friday night teas are again very popular with a magnificent job being done by the team leaders and all of their willing helpers. If you are wanting to book for Friday teas please put your names on the list early to avoid missing out.
2. The Social committee will be holding a Christmas in July function on the 15<sup>th</sup> of July. A three course meal will be provided for a cost of \$25 per person. Tickets will be on sale soon.
3. The Quiz night will be held in late August, date to be confirmed soon. It will be a joint fund raising effort with Kiwanis as we have done in the past.
4. Volunteer's night will be on the 26<sup>th</sup> of October.
5. The Christmas dinner on the 9<sup>th</sup> of December 2017.
6. The Social committee would like to acknowledge the support and help given by our past members Ron Chandler, Jim Bell and our chairperson Peter Faull.
7. We also welcome Therese Snape on to the committee.

Brian Scarlett

Chairperson Social Committe

## OOPS

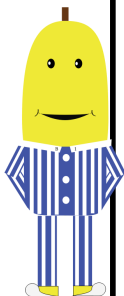
I know that Judy Marbrow is an astute business woman who runs her Travel Company with aplomb....

**HOWEVER**

I wonder if she has ever turned up to her office as she did to Indoor Bowls Practice a couple of weeks ago.

About to tuck in her T/shirt she discovered that she still had her pyjamas on beneath her trackie dacks !!

Got up , feeling cold, pulled them on , forgot to change !!!OOPS



# WELCOME TO OUR NEW MEMBERS

Therese Snape

Ken Byron

Benjamin Bray

Kym Golley

Jillian Wildy

Jackie Gardiner

Carmen Collins

Andrew McGorman  
(Indoor)



Enjoy the bowling and the fellowship that Hope Valley offers.

## FRIDAY SOCIAL BOWLS



Friday bowls is still being well attended and except for one week the weather has been in our favour. Sorry to hear of the recent health problems of Denis Houlihan and Kevin Hall and wish them a speedy recovery. There have been some very close games [and a few not so close] but all played with much enthusiasm. It is pleasing to see different people coming as well as the regulars

Nadene

## FROM THE EDITOR



John and I have been gallivanting around the countryside for some weeks , are home for a few, then off again until the middle of August so there will be no Buzz happening for a while. ( unless someone else would like to take it over of course )

September will be the next issue and by then we will be in full trial match and Pennant mode.

Cheers

Andrea

# COACHING CORNER

## THE SCIENCE BEHIND THE ART

To deliver the perfect bowl —many factors come into play.

The best bowlers in the world are able to consider all the variables like the weather, rink condition and power needed to pull off the perfect shot.

But are these traits learned or are some bowlers just born with them?

In the lead up to the 2018 Commonwealth Games, Bowls Australia has teamed up with La Trobe University's Biomechanical researchers to find out how elite players roll, in order to help them fine tune their skills for the next year. Elite Australian bowlers like Lynsey Clarke, Brett Wilkie and junior Jono Davis were flown to Canberra to work with the AIS skills acquisition specialist Derek Panchuk at the Australian Institute of Sport.

Working in conjunction with the La Trobe team, Panchuk says the investigations will help reveal what characteristics contribute to being a great bowler.

“ We are particularly looking at eye tracking because the eyes tell us how we are taking in the information and the bio mechanics tells us how we are actually using that information”, Panchuk said.

“ We record what the eyes are actually doing and then take that information from the eye and overlay it on a camera that records from a person's point of view, so we can get a precise view of what the elite bowler is actually looking at while they are performing. Hopefully we can help out the elite bowlers but also provide some insights for developing bowlers if we can identify the things they could be working on to potentially improve their game”

### Queensland Bowler April 2017

It will be interesting to see what the outcome of this research. I will try to follow it up.

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*There is rarely a definitive shot to play, because you can often decide to play a low-percentage shot and still achieve a dream result. However, it is far better to choose a shot that will provide two, three or even four chances of success in preference to choosing a shot that offers only one chance of success.*

*Examine the choices made by top players, and you will soon realise that winning is as much about good decision-making as the ability to execute those decisions - it's about playing percentages and giving yourself multiple opportunities."*

*Ian Schuback "Shoey"*

# INDOOR BOWLS



## WEDNESDAY NIGHT MIXED:

This season we have entered two teams, Hope Valley A and Hope Valley B in the Northern Section of the competition. We started with 19 regular players, 10 male and 9 female.

After round 4 of a 15 round preliminary competition our B team is sitting top, with our A team in third place.

12 members of our teams have been selected to play in the Regional Tournament conducted on the weekend of 10-11 June.

8 members are also in the SA state squad trying out for the State team to play in the AIBBC National Championships. This year Devonport Tasmania is the location for the competition from the 22 to 26 August. Good bowling everybody.

Len Blakeney

## WOMEN'S INDOOR

We have three sides entered in the women's competition again this year.

One side playing on Monday and winning very well.

On Tuesdays we have one side in Green and one in White. The Green team is winning well and challenging Port Adelaide for top position. White is not having quite the success it would wish for, but keeps trying!

We practice Thursday mornings and welcome anyone who would like to come out and try their hand at this sport.

On Thursday 25th we held a very successful Gala Day with the usual fantastic pasties made by Vonnice and her team.

A Our sponsor for the day was Judy Marbrow with her Cruise Centre and were grateful to receive 2 \$20 vouchers from the Valley Inn and a wonderful fruit and veg. basket from Rick and Maria for raffle prizes.



Thankyou to John Ludbrook and Nigel Stephenson for moving all of the furniture for us on the day and for all the people who made donations of cooking and items for the trading table.

Bev Thompson .....President

# June 2017

Sun

Mon

Tue

Wed

Thu

Fri

Sat

**1**

Indoor Practice

**2**

Social Bowls

**3**

Eddie's Bowls

**4**

**5**  
Women's Indoor AM  
Men's Indoor PM

**6**

Women's Indoor

**7**

Eddie's Bowls  
Mixed Indoor PM

**8**

Indoor Practice

**9**

Social Bowls

**10**

Eddie's Bowls

**11**

**12**  
Women's Indoor AM  
Men's Indoor PM

**13**

Women's Indoor

**14**

Eddie's Bowls  
Mixed Indoor PM

**15**

Indoor Practice +  
"Come Cruising"

**16**

Social Bowls

**17**

Eddie's Bowls

**18**

**19**  
Women's Indoor AM  
Men's Indoor PM

**20**

Women's Indoor

**21**

Eddie's Bowls  
Mixed Indoor PM

**22**

Indoor Practice

**23**

Social Bowls

**24**

Eddie's Bowls

**25**

**26**  
Women's Indoor AM  
Men's Indoor PM

**27**

Women's Indoor

**28**

Eddie's Bowls  
Mixed Indoor PM

**29**

Indoor Practice

**30**

Social Bowls

# July 2017

Sun

Mon

Tue

Wed

Thu

Fri

Sat

**1**  
Eddie's  
Bowls

**2**

**3**  
Women's  
Indoor AM  
Men's  
Indoor PM

**4**  
Women's  
Indoor

**5**  
Eddie's  
Bowls  
Mixed  
Indoor PM

**6**  
Indoor  
Practice

**7**  
Social  
Bowls

**8**  
Eddie's  
Bowls

**9**

**10**  
Women's  
Indoor AM  
Men's  
Indoor PM

**11**  
Women's  
Indoor

**12**  
Eddie's  
Bowls  
Mixed  
Indoor PM

**13**  
Indoor  
Practice

**14**  
Social  
Bowls

**15**  
Eddie's  
Bowls

**16**

**17**  
Women's  
Indoor AM  
Men's  
Indoor PM

**18**  
Women's  
Indoor

**19**  
Eddie's  
Bowls  
Mixed  
Indoor PM

**20**  
Indoor  
Practice

**21**  
Social  
Bowls

**22**  
Eddie's  
Bowls

**23**

**24**  
Women's  
Indoor AM  
Men's  
Indoor PM

**25**  
Women's  
Indoor

**26**  
Eddie's  
Bowls  
Mixed  
Indoor PM

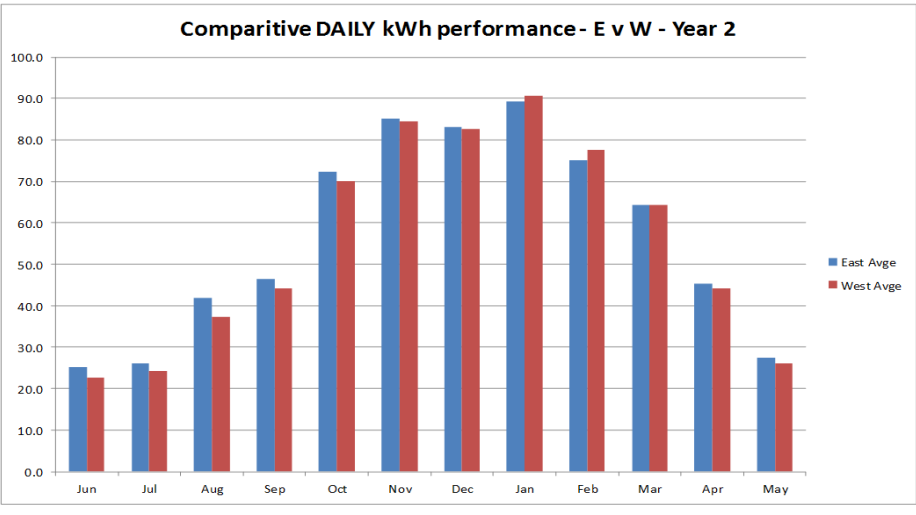
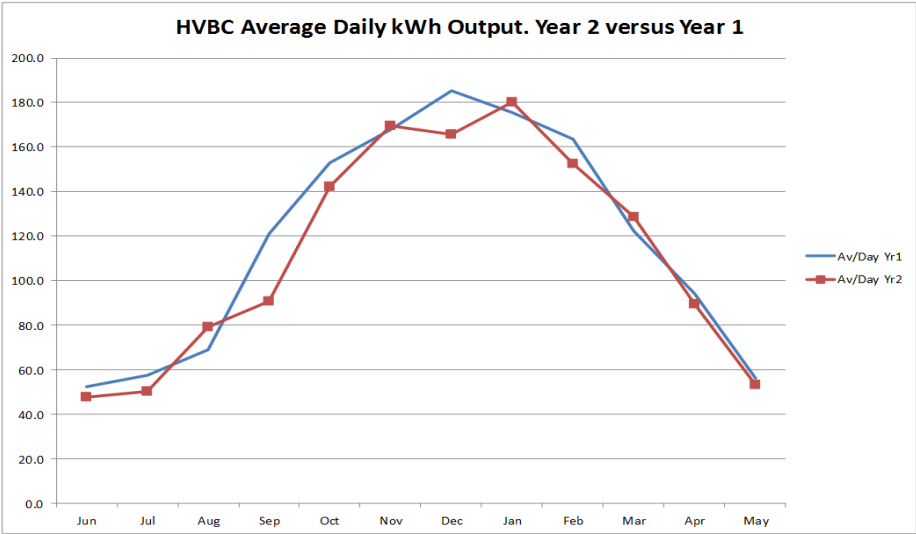
**27**  
Indoor  
Practice

**28**  
Social  
Bowls

**29**  
Eddie's  
Bowls

**30**

**31**  
Women's  
Indoor AM  
Men's  
Indoor PM



The Solar Panel output for April/May was on a par with last year.

The Chart shows that we are now heading to the lowest output of Solar Power for the year with the short days and overcast skies. Last week was the 2<sup>nd</sup> Anniversary of the commissioning of the Solar Panel system. The system has performed without problems over this 2 year period.

The electricity cost saving to the Club has been approx. \$19,000.