

Hope Valley



HORNETS

THE BUZZ

SEPTEMBER 2016

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FROM THE CHAIRPERSON'S DESK



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From your Chairperson,
I have been away in NSW for three weeks playing in the Nationals indoor bowls Tournament and catching up with friends and family. I have even met an Olympian Rugby Sevens player and had my photo taken with her medal round my neck. That was a big thrill and a highlight of my trip.

Now for Board news.

Prior to going away I submitted our submission for new air conditioning to TTG Council. Waiting on the response now.

Our Greenkeeper Mick proudly gave a demonstration of the new electric roller and his prowess in operating it.

We have been successful in receiving two grants, one for \$10,000 and the other \$5,000.

A new sound system will be installed in time to use for Opening Day.

The Face Book page is started and there for people to share comments and relevant photos. I will oversee the page.

Our web page is undergoing a make over, thanks to Kirt of Bluemouse and will be finalised on my return.

Thanks to all the board members who have been busy in my absence.

Roslyn Blakeney.

Early days ! Something must be a very interesting only 5 bowls down but eight men around the head.



FROM THE LADIES



Our Information morning was held on the 1st September and it was great to see most (but not all) of our players back in South Australia and at the meeting.

Practice has commenced in preparation for a successful season this year. Wouldn't it be fantastic to finish with at least 2 pennants ! We can do it !

Trial matches begin next Thursday 15th against Payneham at home, 22nd against Modbury away and 29th Tranmere at home. These will be excellent preparation for Pennants.

Thank you to Shirley K and Maryanne C. who have offered to take control of sandwich making every Saturday with a roster to help . This is a huge undertaking and makes it so much easier for the rest of us . We should all be very appreciative.

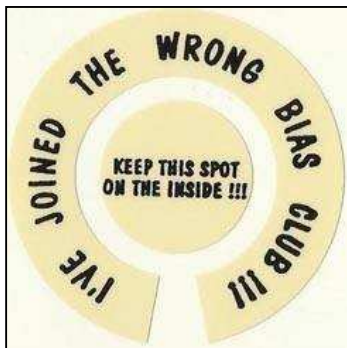
Club Championships will be coming up soon so please consider entering as many events as you can...it is all good practice as are the State Championships also.

Opening Day on the 25th is an opportunity to show off our Club to the Councilors and Politicians who will be attending...we depend on them for grants to get a few extra things for the Club eg. The Airconditioning which is in the pipeline.

I wish everyone all the best for the coming season , hopefully we will all stay fit and healthy. So good to see bit of sunshine. If only it would last !!

Cheers

Andrea



Let's hope that we won't need any of these decals for Hope Valley this season

On the back board Peter Hurt has put a notice which advises how to put the Hope Valley decals onto your bowls so that all members will be in sync.

RULES REGISTER



YOU BE THE UMPIRE

Oh the excitement: Winter Bowls. “One metre behind; great bowl; holding three!”, called as the next bowler stands on the mat. But wait! Is this a good idea? Is it legal? Well Rule 13.2 says “As soon as each bowl comes to rest, possession of the rink will transfer to the opposing player or team after allowing time for marking a toucher...”. So that second who is calling should be quick about it, before the next bowler approaches the mat as Rule 13.3 is prescriptive about the player in possession of the rink being “interfered with, annoyed or distracted in any way”. In any case why let the opposition know they are three down? We might get carried away with our mates in the club, but in pennants we might need to be more circumspect. (That’s a long word hey!)

Took a packed lunch down to the bowls shop the other day to get some new shoes. WOW not one pair on sale with a flat smooth sole! Most had the soles like a block of chocolate with the gaps like most of us now have BUT there were several with an all over fine patterning designed to “add grip” My Hush Puppies have a flat sole with no heel and less fine patterning than many “bowls shoes”; should have just gone to Harris Scarfe! No joke....

Peter Hurt

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World Bowls and Bowls SA have clarified the ruling about what can be used During an end to measure for shot.

‘Examples of equipment or objects which, when used during an end, would not be deemed to be in breach of Law 23.3 include cross fingers and devices comprising concentric circles within a transparent frame which are held at approximately waist high, and equipment or objects (such as a player’s foot) placed alongside or parallel to (but not directly between) the jack and the bowls.’

Bianca Chiera.....Membership Services Officer

Mobile phones or other electronic devices cannot be used and the Bowls Australia National Officiating Advisory Group suggests that as a matter of good practice ‘ all pre-measures be from waist height only or well away from the head if making comparisons with feet or other objects. The head must be protected at all times’

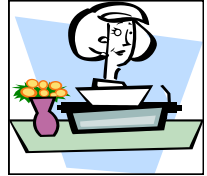
DON'T FORGET TO KEEP FREE;

SUNDAY 25TH SEPTEMBER

OPENING DAY



FROM YOUR ADMIN. SECRETARY



Looking to the future of the Club, I am wondering if there is any member, male or female who would be interested in working with me with the intention of doing this job eventually. When I recently had a trip to hospital (not a planned one!) I realised how difficult it could be – passing on to someone at such short notice. No way I am inferring that there is no one in our Club who could do this – we have some very talented and capable people - probably way ahead of me – but the ideal way is to plan ahead. Anyone interested please give me a ring.

Just a reminder that Life Member Heather Gander is our “card lady” Almoner, so if you hear of someone in hospital, or we have lost a member, please ring Heather on 82643317 and she will have cards sent pronto. I do not always hear as quickly as some of you may, and this would be a great help to me. While on this subject, sorry to hear that much loved member, Pauline Mahoney is back in hospital – so hope by time this goes to print, she will be back home and improving.

Not long before you are all into pennants and I wish everyone a very successful and enjoyable pennant season. Paul Heath and I will be finalising Bowls SA Registrations next week – which are due in by end of September, 2016.

Hoping to see a great attendance on Opening Day 25th September, 2016.
Margaret.

THE NEW ROLLER

Mick sent me this photo of the new roller . I did ask for one with him using it but he refused on the grounds that he would spoil the photo. This roller is so much quieter than the previous one, so now the neighbours cannot complain when Mick starts rolling the greens early. Because of the early Wednesday start now this will have to happen.



THE MEN'S SCENE



Selectors for 2016 were confirmed at a meeting on 22nd August:

Wednesday: Gerry Frear, Neil Kelly, Keith Knipe, Doug Miller, Paul Raby, Warren Taylor, John Williams

Saturday: Janet Bradley, Gerry Frear, Raelene Heitmann, Keith Knipe, Neil Kelly, Doug Miller, Warren Taylor, John Williams

Many thanks to all who nominated for these positions.

The first men's practice was held on Tuesday 6th Sept and it was pleasing to see a good attendance. Over 30 members attended and hopefully this number will increase as the week's go by. Just a reminder that Tuesday practice runs from 1 to 3pm. It consists of a skill session followed by competitive match play. Friday team practice will commence this week. A big thankyou to the club coaches for coordinating the practices.

Trial games commenced this week and the following has been agreed.

Saturday: All Saturday trials will be internal. This will allow the selectors sufficient time to assess all players in a competitive club format.

Wednesday:

14th Sept: Elizabeth at home

21st Sept: Tranmere home and away.

28th Sept: Internal

Ken Seymour

Club Championships

The nomination forms for the Men's Club Championships, Mixed Pairs and Open Singles are now available .

Please consider entering these.

It has been decided to hold the mixed events on Sunday 23rd October. Hopefully both the first and second rounds of that event can be played on that day.

GREENS REPORT



Throughout the winter months work on the greens is minimal due to the grass going into dormancy and therefore only needing to cut the greens once a month on average.

This winter has been extremely cold and wet.

This year the BOM have taken advantage of this and have been able to reduce the Greenkeeper's outstanding leave balance by a considerable amount, which is great as this is such a liability for the club...

The BOM also purchased a new electric roller which will reduce noise levels and allow for earlier rolling, especially on days with early starts.

Now September is here the amount of work will increase to have the greens in top condition for the opening of the Pennant Season. Fertilising of greens has commenced and we should see the greens change colour with new growth over the next few weeks.

"A" green hasn't responded as well as we would have liked after the laser levelling, due to the cold wet weather. It is our aim now to encourage growth with fertiliser and hopefully some warmer weather and to cease mowing it for up to late September.

The shortening of "C" green has been put on hold till April 2017. There have been several factors that contributed to this decision and personally I feel that it was a sensible decision giving the time frame we were up against.

As I was away for just over 8 weeks I would like to thank Bob Fuss for filling in for me and the Guys that turn up on Monday mornings to help out with the garden.

It has been brought to my attention that numbers have dropped off. If you would like to assist in any way and can't make it on a Monday, feel free to come any other day as there is usually something that can be done.

Going forward

1. We will be utilising the free space in the back shed to ensure other sheds comply with OHS requirements. General tidy up
2. Doing inventory of all machinery and presenting to BOM what is surplus to requirements and seek approval to dispose of one way or another.
3. Put shelter tops back on "A" green near the end of September.
4. Investigate the possibility of a better mixing and wash down pad, for mixing chemicals and washing equipment.

Investigate further training for Greenkeeper.

Wishing the club all the best for the 2016-17 Pennant Season

Jack Caulfield

Greens Manager

COACHING CORNER

HOW TO WORK ON FEELING THE WEIGHT

by Bill Boettger, a National Team Coach

As with any skill, meaningful practice is essential. First off, you should establish your “Natural Length” on the green you are on. Natural length is the distance the bowl finished when delivered with your best smooth relaxed draw weight delivery. This weight should be the easiest to duplicate.

Drill:

Roll your first bowl to your natural length. Have the coach or a partner remove the bowl and replace its position with a coin. The bowl is removed so you don't have a visual aid for distance.

Now roll the next three bowls in turn, trying to end with the same weight as the first. For starters, a three foot tolerance in front or behind the coin would be acceptable to count a point in the drill. This tolerance can be narrowed to one foot as skill increases. There is no penalty for being off-line.

Repeat for 10 ends. 25 out of 30 is a good score. Once you have developed a 'feel' at your natural length, you can repeat the drill for longer and shorter ends.

Adjusting Weight

Assuming you have that smooth, consistent delivery referred to earlier, the job of changing weight is quite easy.

To increase weight, you stand more erect on the mat, take a linger back-swing and take a larger first step.

To decrease the weight you lower your centre of gravity by crouching lower. This forces a shorter back-swing and a shorter first step.

Drill:

Increasing Length: Roll a bowl to any length. With your second, third and fourth bowl try to pass the previous bowl delivered. You get one point for each successful bowl. Don't reach the ditch. Do ten ends. A score over 25 is good.

Decreasing Length: Roll a bowl to any length. With the other three try to come up short of the previously delivered bowl. Score it the same as the increasing drill. Do not go shorter than the hogline.

In game situations you use the early ends to develop a feel for the different lengths being played, and then in the crunch use the length that feels the best.

INDOOR BOWLS



MEN'S INDOOR BOWLS REPORT 2016

The **2016** season has now concluded and unfortunately the results were not as we would have wanted.

We entered 2 sides, 1 in the red section and 1 in the yellow and both struggled, particularly during the first half of the season. Both sides, however, did finish with a wet sail and won the last 3 games of the season and finished in 5th place on their respective ladders.

On a more positive note 3 of our players, Len Blakeney, Ian Hoskin and Peter Kitching were selected in the annual North versus South game held at Woodville and finished on the winning side. This game is held as a prelude to the Men versus Ladies game, something we all look forward to, not just for the competition but for the sumptuous lunch put on by the ladies. Once again the standard in both departments was exceptional.

The men managed to finish in front at the end of a very hard fought and tight contest with the result in doubt until the last few ends. Well done to all involved for a good day and a good result (sorry girls). Our 3 representatives all played on winning mats which made the day even better.

The club will be looking for some new players next year to bolster our numbers so anyone looking for a game should keep an eye on the notice board at the end of the lawn bowling season. New players are always welcome. If you can play outdoors you should find it easy to transfer your skills to the indoor carpets and give you something to do on a wet cold Monday afternoon.

Peter Kitching

WEDNESDAY NIGHT MIXED INDOOR BOWLS

Hope Valley 1 played in the semi finals against Woodville 1 and didn't quite get over the line on two closely fought mats.

A dozen players from Hope Valley attended the National Championships at Shellharbour NSW. We had mixed results.

Congratulations to Peter Kitching who came away with a Silver Medal in the Men's Triples, his 4th medal in 4 years. Well done.

A number of Hope Valley members also achieved notoriety at the annual dress up night party, the theme being " a profession", from Bob the builder to Nurse Lenny with appropriate tools of the trade. You will find photos on our face book page.

Hope to see you all next year at Indoor Bowls.

Coordinator Len Blakeney

WOMEN'S INDOOR BOWLS

Our season commenced on Mon 2nd and Tues. 3rd May—we registered 34 players and we concluded on 8th & 9th Aug.

The final results were; Monday Red –2nd ; Tues. White 6th and Tues. green 5th.

Special thanks to the selectors, it is always a difficult job to undertake.

Thank you also to Marie Cates for organizing our Intra Club Championships of singles and drawn pairs and trophies for winners and runners-up. Congratulations to the following ladies
Singles Winner...Linda Scarlett Runner-up...Angela Loeser
Drawn Pairs Winners...Andrea Williams and Marianne Rossiter
and Runners-up Patricia Deacon and Isabel Welsh.

Our Gala days were held on 26th May and 21st July. Teams from many other clubs attended.

Clear profit—May 26th \$1500.40 & July 21st \$1424.00

Many thanks to our sponsors—Ruby Rajah , Taste of India & Mangosteen Restaurants . A letter of appreciation was sent to The Valley Inn who donated a beautiful basket of Goodies and to Rick and Maria's fruit shop who donated fruit for the raffle.

Many thanks to all involved in the running of these days & their generous donations.

We also greatly appreciate the help from John Ludbrook , Nigel Stephenson & helpers who set up the mats, tables, etc. for us. I take this opportunity to thank my Committee of Vice-President Audrey Walsh, Secretary , Margaret Bibby and Treasurer, Linda Scarlett.

We hope that the new ladies who joined us this season will play again next year.

We welcome all new members .

Our break-up and Presentation lunch was held at the Valley Inn on the 18th August.

We look forward to Season 2017.

Bev. Thompson.....President

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FROM YOUR SOCIAL COMMITTEE



DON'T FORGET THE VOLUNTEERS APPRECIATION NIGHT ON
THURSDAY 15TH SEPTEMBER.
FOOD AND FUN FOR EVERYONE WHO VOLUNTEERS ON A
REGULAR BASIS.

Thank you to the Social Committee cooks who organized the Sausage Sizzle
for the last Winter Social Game.

FROM THE EDITOR



Ever walk into a room with some purpose in mind, only to completely forget what that purpose was? Turns out, doors themselves are to blame for these strange memory lapses.

Psychologists at the University of Notre Dame have discovered that passing through a doorway triggers what's known as an Event Boundary in the mind, separating one set of thoughts and memories from the next. Your brain files away the thoughts you had in the previous room and prepares a blank slate for the new locale.

Thank goodness for studies like this. It's not your age, it's that damn door!

Forgive me if I already posted this from the other room.

Congratulations to the medal winners in the recent National Indoor Bowling Championships.

Our own Peter Kitching achieved a silver medal in the triples competition.



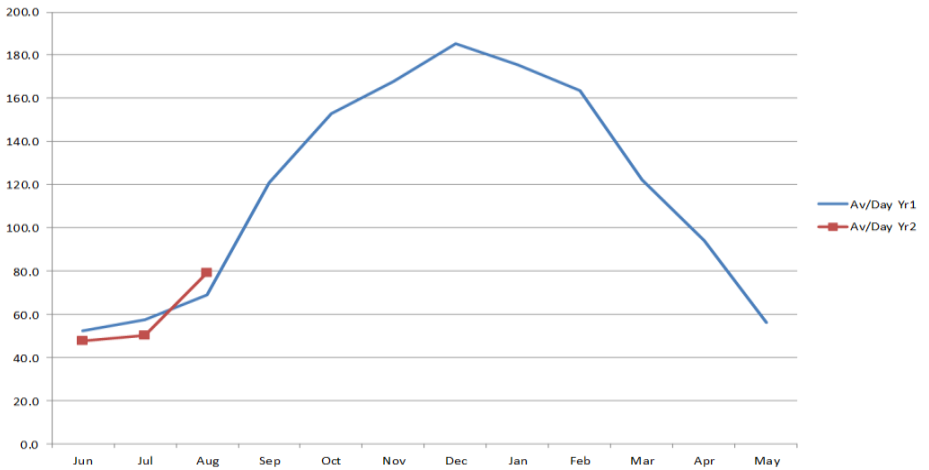
FRIDAY SOCIAL BOWLS



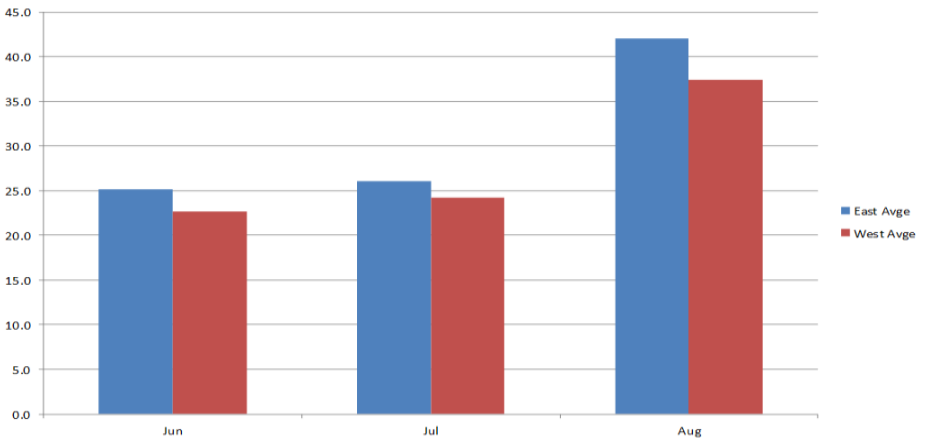
Friday social bowls is still being well attended despite the cold weather. The cuppa is very much appreciated and doubles up as a hand warmer after the game. We have welcomed Ross Porritt to the club recently and folks are returning from their holidays .Sorry that Sheila Hawkins hasn't been well enough to play quite some time but somehow manages to win the lucky number- could be she has a thoughtful husband !Still haven't checked if she gets it though;

Nadene

HVBC Average Daily kWh Output. Year 2 versus Year 1



Comparitive DAILY kWh performance - E v W - Year 2



Progress Report on our Solar Panel output.

The first year of Solar panel output saved the Club just under \$10,000 in electricity cost.

This year we are tracking the average daily power output against last years actual.

June & July was a slow start due to the wet and heavy cloud cover during that period.

For a bit of trivia, last year the Eastern side panels saved \$300 more than the Western side.....David Waterhouse

September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Women's Information Meeting 10 am	2 Social Bowls	3 Trials
4	5	6 First Official Practice	7	8 Practice	9 Social Bowls +	10 Trials
11	12	13 Practice	14 Trial v Elizabeth	15 Trial v Payneham + Volunteers Night	16 Social Bowls + Practice	17 Trials
18	19	20 Practice	21 Trial v Tranmere	22 Trial v Modbury	23 Social Bowls + Practice	24 Trials
25 <u>Opening Day</u>	26	27 Practice	28	29 Trial v Tranmere	30 Social Bowls + Practice	



October 2016

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1
Trials

2

3

4
Practice

5
First
Pennant

6
First
Pennant

7
Social
Bowls
+
Practice

8
First
Pennant

9

10

11
Practice

12
Pennant

13
Pennant

14
Social
Bowls
+
Practice

15
Pennant

16

17

18
Practice

19
Pennant

20
Pennant

21
Social
Bowls
+
Practice

22
Pennant

23

Mixed
Champi-
onships
Day

24

25
Practice

26
Pennant

27
Pennant

28
Social
Bowls
+
Practice

29
Pennant

30

31

YOU TUBE COACHING TIPS

For those of you who like to explore the Web , you may be interested in a website that has some very informative videos that cover a whole range of Lawn Bowls issues.

The website is www.irishlawnbowls.ie/tips.html

Or you can just put irishlawnbowls into google and it will come up.

The last one on the site is Tony Alcock Coaching which is interesting in itself but at the end of that clip he transfers to Bowling with Bryant which is quite something!!

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NIGHT OWLS



Letters will be going out soon to all previous Night Owlers informing them of the commencement dates for this year .

If you know of anyone who you think may be interested please advise Ken Seymour so that he can include them in either the mailing or emailing list

Registration nights will be Tuesday 11th October and Thursday 13th October.

Actual games will commence the following week.. So let's hope that the weather will be warming up by then.

Please consider either offering your help on one of those nights or organizing a team to enter. Remember though that there is only 1 pennant player allowed in each team and that player is not able to Skip.

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